

# Spring School Counseling Program Highlights

Cherokee Trail Elementary School

20 22-

## Cherokee Trail Counseling Program

### Vision:

Every Cherokee Trail Stallion is equipped with the courage and leadership to pursue opportunities and post-secondary endeavors in society that continually precipitate endless growth and maximize potential as lifelong learners. Their resilience embodies the spirit of accepting challenges and grappling through hardships while remaining inspired to advocate and contribute to the betterment of our world. Stallions are primed to achieve success and joy within their careers, relationships, and community.

### Mission:

The school counseling program at Cherokee Trail Elementary School delivers a comprehensive program that uses sustained data informed practice to ensure equity, access and success for every student. Diverse student needs are met through classroom lessons, targeted small groups, and individual consultation to enhance each student's academic, career, and social-emotional development. Using evidence-based supports and intentional tiered programming, counselors collaborate with stakeholders to advocate for change and remove barriers thus allowing

## Spring Classroom Lesson Highlights:

Kindergarten- Career exploration  
First Grade- Safer, Smarter Kids series  
Second Grade- Brain focus & regulating emotions  
Third Grade- Brain focus & regulating emotions  
Fourth Grade- Second Step bully prevention unit  
Fifth Grade- Second Step bully prevention unit  
Sixth Grade- Second Step bully prevention unit



## CASEL Competencies:

(Collaborative for Academic, Social, and Emotional Learning)

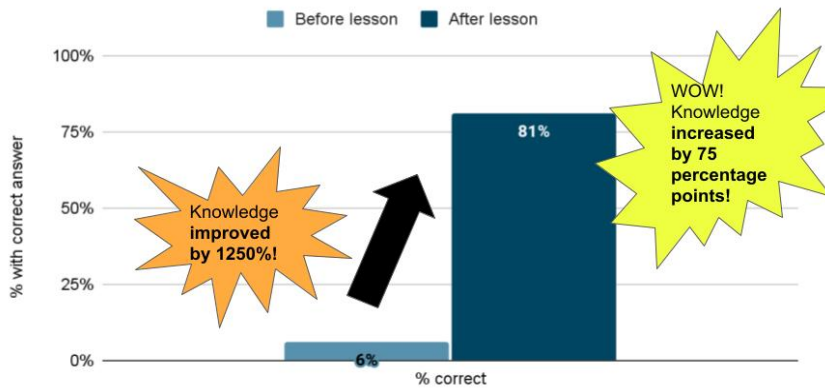
- **Self-Awareness** -The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts.
- **Self-Management**- The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations.
- **Responsible Decision-Making**- The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.
- **Relationship Skills**- The abilities to establish and maintain healthy relationships and to effectively navigate settings with diverse individuals and groups.
- **Social Awareness**- The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.



# RESULTS & DISCUSSION



Percent of 6th grade students who can correctly name 3 common types of bullying



**Rationale data:** According to Infinite Campus, there were 22 physically aggressive behavior referrals during the 21-22 school year.

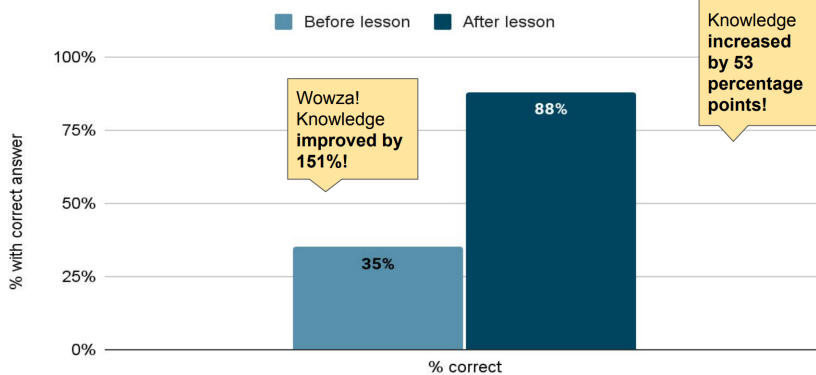
**Program goal:** By May 31, 2023, students in grades 4-6 will decrease the number of physically aggressive behavior referrals by 15% from 22 to 19 occurrences.

**Current progress:** As of April 3, there have been 9 physically aggressive behavior referrals during the 22-23 school year. **So far, this is a 60% decrease!**

**Strategies that can impact goal:**

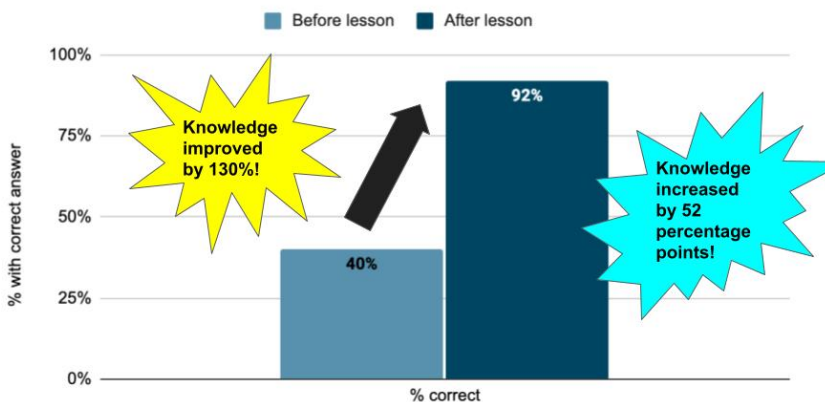
- 1- Implement 4 week Second Step Bully Prevention Unit in grades 4-6
- 2- Support teachers with implementation of their classroom social-emotional curriculum
- 3- Consult/collaborate with staff utilizing the Classroom 180 professional development. This includes using grant money to fund peace corners in each classroom.

Percent of 5th grade students who can identify criteria used to define bullying



**Next steps:** Families and community members are the foundation to student success. **You are invited to attend our FIRST Counseling Advisory Council. It will be held in the library on May 5 from 9:00-10:00.** Counseling program information and data will be shared. Discussion and feedback will be encouraged throughout the presentation.

Percent of 4th grade students who can correctly identify bullying criteria



**Key Collaborators:**

- Restorative Practices staff training facilitated by Sara Heim-Smit, School Psychologist
- Classroom 180 Trauma Informed Care professional development facilitated by Noelle Dunker, Wellness Teacher

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