

September 16, 2022

Dear Parents,

The following are suggestions that will aid in helping to maintain a healthy school environment, keep children well, and stop the spread of illness.

You should be aware of the early signs and symptoms of illness such as:

- Decreased activity – droopy, tired appearance
- Irritable behavior – sleepy
- Sore throat / swollen glands
- Runny nose / cough
- Skin eruptions / rashes (students with undiagnosed rashes are not allowed to be in school)
- Eye drainage (excessive drainage and/or significant discomfort)
- Nausea / vomiting / diarrhea
- Abdominal pain
- Fever (100° or higher is considered a fever in Douglas County Schools and student is not allowed to be at school)
- Loss of taste and/or smell

You can help:

- Check students health before they leave home
- Do not give fever reducing medication to a child with a fever and send them to school
- Keep students home when they have signs / symptoms of illness
- Be sure your student knows where you are
- Give school office current emergency contact information
- Make arrangements with relatives / friends to take care of sick children if unable to do so yourself

Please contact the school if your child comes down with a contagious illness such as strep throat, chicken pox, etc.

Thank you for your help in providing a safe and healthy school environment.

Sincerely,

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